

What to expect

The first 48 hours

Remember your puppy is being separated from his/her mother and siblings. Starting a routine with your new puppy and sticking to it is very important. This is something you have to start as soon as you arrive at home to make their transition a good one.

For busy momma like us we know what's to be on a schedule and I know starting a new one can be hard. Especially if your new puppy is so darn cute that you would want to play with him/her all day. But I can guarantee that if a puppy is put on a schedule this will be for the best for the whole family.

Potty Time: You will notice when they have to go, they'll start sniffing around. Take the puppy out at the same time after feeding. If you are potty training indoor, after feeding place them in the training pad so they can slowly get the idea that's the potty area. Take your puppy outside frequently—**at least every two hours**—and immediately after they wake up, during and after playing, and after eating or drinking. Pick a bathroom spot outside, and always take your puppy (on a leash) to that spot EVERY TIME.

Feeding Time: Puppies eat 3 times a day and when they get older 2 times. We have a set schedule to feed our puppy, 7 am, 12 noon and 6 pm. When a puppy is fed every day at the same time, and he already developed a built-in clock. When it's feeding time they will remind you, and give you that look "where is my food I'm hungry".

Puppy Proof— your home is very important. Just as you will do with kids you have to make your home safe for puppies as well. Make sure cabinets are locked and place kids lock on it. Puppies are curious just as kids and they get into trouble. Make sure you go around your house and check to see if you find anything that can be harmful to your puppy is very important.

Play Time: Besides food and potty you also have to get them on a playtime routine. This is also a great time for bonding and for your new puppy to stay active. If you are working pet parents, try to keep the playtime the same time every day. If you can only spare 15 mins 3-4 times a day, your puppy will be

happy. Don't worry if the puppy is not playful within the first 48 hours puppy. Some puppies may take a quite bit to warm up around new people and in their new home. While you have other puppies that take their new surroundings and environment well. Give puppy time and lots of love.

Sleep Time: A sleep routine is essential for your new puppy. Just like new moms have to set up a sleep routine for their newborns so do you with your new puppy. They will sleep throughout the day but when they see you going to bed at night they will also. At our home 10 pm is bedtime and once puppy sees we turn off all the lights, he goes to his bed and goes to sleep.

Crate Training: Dogs (and especially puppies) do so many things that we absolutely adore. Unfortunately, one tendency that most people aren't particularly too fond of is when they whine and cry for an extended period of time. If you're trying to crate train your dog you might be wondering what to do if your dog cries in the crate. Here are some things to think about:

1. Are they getting enough exercise?
2. Is their crate in a proper location?
3. Are they getting sufficient potty breaks?
4. Is their crate the right size?

First things first, let's address the fact that dogs crying in their crate (especially puppies) is completely normal.

And there's generally 2 reasons why it happens.

First, they aren't used to being restricted in this way. When they're in a crate they're confined to a certain amount of space and aren't used to it. This restriction can make them feel uneasy because it's new to them. And when they feel uneasy they express it by whining/crying.

Second, dogs are very much pack animals! You may have a new pup who's been separated from their litter. Or, an older dog that's now not free to be around their less-hairy family. Regardless of the situation, this new isolation is upsetting to your pup and they're crying in an attempt to get your attention. Placing the crate where you spend the most time will help them get comfortable being in it.

The most important thing is **DO NOT GIVE IN**. If they have had a good dinner, exercised and pottied before going in their crate, then they are fine. I also recommend keeping a chew toy in the crate with them to help beat the boredom.

Keep in mind, if you simply lock them in a new crate without giving them any time to get accustomed to this new space, they will likely dislike this new space. And because of this, they will whine and cry until they're let out.

By training your doggo to enjoy their time in their crate, you will significantly reduce the amount of resistance they give towards going into their crate.

And another important point is to not use their crate as a means of punishment. If the only time they're put in their crate is after they've done something wrong, they will never like being in their crate. It will always feel like they're being punished.

Help them get accustomed to their crate and give them treats and toys for being well behaved. With some time and patience, their crate will become a safe place for them where they feel secure. They might even voluntarily start going into their crate!